

LIVINGSTREAMS PRESENTS

# EMBODIMENT & HEALING DEVELOPMENTAL TRAUMA

*Living  
Streams*  
Therapy, Training & Consultancy LLP

## A SOMATIC RESILIENCY WORKSHOP

How do you work with individuals with attachment difficulties and who encounter repeated dysfunctional relationships?

For many traumatized individuals who have experienced preverbal and/or developmental trauma, they are looking for ways to resolve re-enactment or symptomatic re-experiencing from trauma patterns and have new flexible internal and external responses in current relationships.

In this four full day somatic resiliency workshop, you will learn from embodiment expert Dr Abi Blakeslee a dynamic tool kit of body-oriented psychophysiological approaches to stabilize early developmental symptoms of trauma as well as re-regulation the nervous system using interoceptive awareness techniques.

### Who will benefit

Social service, mental health and healthcare professionals who work with clients experiencing attachment and relational difficulties.

DATE : 12-15 OCT 2024  
TIME : 9AM-5PM  
VENUE : VILLAGE HOTEL BUGIS  
390 VICTORIA STREET  
(NEAR BUGIS MRT)  
COURSE FEE : SGD \$2550  
EARLYBIRD : SGD \$2470 (ENDS 30 JULY)  
PCG DIRECT TRAINING APPLICATION  
(LOCAL TRAINING NON-PREAPPROVAL)  
FUNDING AVAILABLE (UP TO 20%)



In-person workshop with  
Dr Abi Blakeslee  
SEP, CMT, MFT, Ph.D  
Faculty at the Somatic  
Experiencing® International  
Marriage & family therapist

**FOR REGISTRATION, PLEASE EMAIL: [ENQUIRY@LIVINGSTREAMSTTC.COM](mailto:ENQUIRY@LIVINGSTREAMSTTC.COM)**